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**Smoke and Vape Free Schools Project  
Request for Proposals**

**Responses due February 28, 2023**

According to the [2022 Illinois Youth Survey](https://iys.cprd.illinois.edu/UserFiles/Servers/Server_178052/File/2022/Cnty22_Kane.pdf), 9% of 8th graders, 12% of 10th graders, and 17% of 12th graders used e-cigarettes in the past year. The aerosol produced by the e-cigarette or vaping device almost always contains nicotine, and we know nicotine is harmful to the developing adolescent brain.

The Kane County Health Department (KCHD) is offering Kane County middle and high schools up to $3,000 in support of projects aimed at reducing student e-cigarette use initiation and/or support vaping cessation.

**Proposal Assessment Criteria**  
Proposals will be assessed against the following criteria and weighted as indicated below:

1. Commitment (20%): Staff members have been identified and are supported to lead the initiatives within your school.

2. Assessment (20%): A process is undertaken to identify how the school is currently addressing student e-cigarette use and what areas need improvement (e.g. policies, curriculum, consequences for student policy violations).

3. Plan (40%): A clear plan to take steps to reduce student e-cigarette use initiation and/or support cessation is developed and initiated by June 30, 2023. See our “Strategies for a Vape Free School” document on page 5 for ideas to include in your action plan. Planning for strategies that are not put into place until the 2023-2024 school year are acceptable.

4. Evaluation (20%): A plan for evaluating the proposed initiatives that aim to reduce student e-cigarette use initiation and/or support cessation is developed.

**Proposal Timeline**

|  |  |
| --- | --- |
| Proposals open | December 12, 2022 |
| Proposals close | February 28, 2023 |
| Schools notified of decision and awardees are sent Project Agreement and New Vendor Form | March 3, 2023 |
| Awardees return Project Agreement, New Vendor Form, and Invoice | March 10, 2023 |
| KCHD payout to schools | April 1, 2023 (approximate date) |
| Progress update due | June 15, 2023 |

**Electronic Proposal Submission**  
Email completed proposal to [kanequits@kanecountyil.gov](mailto:kanequits@kanecountyil.gov) by February 28, 2023 with the subject line, “Smoke and Vape Free Schools Project Proposal.”

For further information contact The Kane County Tobacco Control & Prevention Program by email at: [kanequits@kanecountyil.gov](mailto:kanequits@kanecountyil.gov)

**Smoke Vape Free Schools Project Proposal**

Contact Information

School Click or tap here to enter text.

Contact name Click or tap here to enter text.

Title Click or tap here to enter text.

Phone Click or tap here to enter text.

Email Click or tap here to enter text.

Postal address Click or tap here to enter text.

1. Is the individual named above the person to lead the changes within your school?

Yes

No

2. Will other staff be working on this initiative? (Elaborate)

Click or tap here to enter text.

3. How do you intend to identify how the school is currently addressing student e-cigarette use and what areas need improvement?

Click or tap here to enter text.

4. What changes or initiatives will be undertaken?

Click or tap here to enter text.

5. How will your initiative support e-cigarette initiation reduction and/or use cessation within your school?

Click or tap here to enter text.

6. How will you evaluate the success of your initiatives?

Click or tap here to enter text.

7. Up to $2,000 is available. What amount are you requesting, and how will you make use of the funds?

Click or tap here to enter text.

**Signatures**

Applicant

Name: Click or tap here to enter text.

Signature: 

Role: Click or tap here to enter text.

Date: Click or tap here to enter text.

School Leadership (if different from applicant)

Name: Click or tap here to enter text.

Signature: 

Role: Click or tap here to enter text.

Date: Click or tap here to enter text.

**Strategies for a Smoke and Vape Free School**

Your plan for a smoke free school might include:

* Educate students on dangers of smoking and vaping
  + [E-Cigarette Use Among Youth and Young Adults: A Report of the Surgeon General](https://e-cigarettes.surgeongeneral.gov/default.htm)
  + [Get the Facts About Electronic Cigarettes – Centers for Disease Control and Prevention (CDC)](https://www.cdc.gov/tobacco/basic_information/e-cigarettes/)
  + [What You Need to Know About JUUL- Truth Initiative](https://truthinitiative.org/research-resources/emerging-tobacco-products/latest-information-juul-8-important-things-know" \t "_blank)
  + [What You Need to Know About E-Cigarettes- American Lung Association](https://www.lung.org/quit-smoking/e-cigarettes-vaping/lung-health)
  + [E-Cigarettes and Vapes - Illinois Department of Public Health](https://dph.illinois.gov/topics-services/prevention-wellness/tobacco/e-cigarettes-and-vapes.html)
  + [FDA Tobacco Education and Prevention Resource Library](https://digitalmedia.hhs.gov/tobacco/about?locale=en)
  + [CDC Infographic about USB-shaped e-cigarettes and actions that parents, educators, and health care providers can take to protect kids](https://www.cdc.gov/tobacco/infographics/youth/pdfs/e-cigarettes-usb-flash-508.pdf" \t "_blank)
* Educate students on how the vaping industry targets kids
  + [Flavors Hook Kids - How to Identify Vaping Products](https://www.flavorshookkids.org/#product-cards)
  + [The New Look of Nicotine Addiction - Vaping and Tobacco Industry Tactics](http://makesmokinghistory.org/dangers-of-vaping/vaping-tobacco-industries-tactics/" \t "_blank)
* Initiate or update smoking/vaping curricula:
  + [Catch My Breath Youth E-Cigarette and Juul Prevention Program](https://www.bevapefree.org/)
  + [Stanford Medical School Tobacco Prevention Toolkit module on E-Cigs/Vapes and Pods](https://med.stanford.edu/tobaccopreventiontoolkit.html)
  + [VapeEducate](https://www.vapeeducate.com/)
* Update your school policies to prohibit vaping
  + [American Lung Association Tobacco-Free School Campus Policy](https://www.lung.org/getmedia/57f27c29-92a2-4d93-9701-7d7557fff785/tobacco-free-school-campus-policy-template-language.pdf)
  + [American Heart Association Tobacco Free Schools Toolkit](https://www2.heart.org/site/DocServer/AHA_Tobacco-Free_Schools_Toolkit.pdf" \t "_blank)
  + [Public Health Law Center Tobacco-Free K-12 School Model Policy](https://www.publichealthlawcenter.org/sites/default/files/resources/Commercial-Tobacco-Free-K-12-School-Model-Policy-2019.pdf)
* Update your school policies to include vaping education as an alternative to suspension
  + [Intervention for Nicotine Dependence: Education, Prevention, Tobacco and Health (INDEPTH) alternative to suspension or citation](https://www.lung.org/quit-smoking/helping-teens-quit/indepth)
  + [Stanford Medicine MY Healthy Future Course](https://med.stanford.edu/tobaccopreventiontoolkit/curriculum-decision-maker/HealthyFutures/MYHealthyFutureCourse.html" \t "_blank)
* Educate staff and parents on how to identify vaping products
  + [Partnership to End Addiction - Vaping: A Guide for Parents](https://drugfree.org/drugs/vaping/)
  + [American Lung Association - How to Talk to Kids About Vaping](https://www.lung.org/getmedia/302f26c0-d4b1-451f-a05a-092a93183b6c/vape-conversation-guide.pdf)
  + [The Wake Up Call](https://www.yourchoiceprevention.org/wake-up-call)
* Connect students who currently vape with peers in a social club that promotes an anti-vaping message
* Use No Vaping mirror clings in bathrooms, or other signage in bathroom stalls and other areas in school
* Implement an anonymous reporting system to report vaping on campus
* Provide access to cessation services by becoming a registered Illinois Tobacco Quitline (ILTQ) referral partner. The ILTQ provides smoking and vaping cessation services, including one-on-one counseling and nicotine replacement therapy products, to all residents of Illinois. The Quitline is staffed by registered nurses, respiratory therapists, and certified treatment specialists, who provide services with a special emphasis on behavior modification, over the telephone and free of charge. Referral partners can receive free smoking cessation handouts and posters. Registering is easy and free. Complete this [one-page registration form electronically​](https://www.kanehealth.com/Documents/Tobacco/ITQL%20Fillable%20Referral%20Partners%20Enrollment%20Form.pdf), and return the completed form to: [kanequits@kanecountyil.gov](mailto:kanequits@kanecountyil.gov)

See also: [Addressing Student Use of Tobacco and Vaping Products in Kane County: A Toolkit for Schools and Health Educators](https://www.kanehealth.com/Pages/vaping-toolkit.aspx)